



2020

March

Healthy For Life



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

<p>2 Mozz.Sticks w/Marinara Cheeseburger Brd.Ch.Caes.Sal.w/WG Crkrs. Sweet Golden Corn Baked Fries Fresh Broccoli Diced Peaches or Fresh Fruit READ ACROSS AMERICA</p>	<p>3 BBQ Rib Sandwich Chicken Patty Sandwich Turkey & Cheese Sandwich Baked Fries Green Beans Fresh Red Pepper Slices Mixed Fruit Cup or Juice</p>	<p>4 Fish Sticks w/WG Brd. Chicken Nuggets w/WG Brd. Ham & Cheese Sand. Baked Tater Tots Steamed Broccoli Fresh Baby Carrots Diced Pears or Fresh Fruit</p>	<p>5 Walking Taco Chick.Nuggets w/WG Brd. Ham & Cheese Wrap Steamed Rice Vegetarian Baked Beans Fresh Celery Sticks Fresh Fruit or Juice</p>	<p>6 Macaroni & Cheese Cheese Pizza Brd. Chick.Caesar Salad w/WG Crackers Baked Fries Steamed Carrots Cucumber & Tomato Salad Applesauce or Fresh Fruit</p>
<p>9 Meatball Sub Chicken Patty Sandwich Ham & Cheese Sand. Baked Tater Tots Sweet Peas Fresh Tomato Wedges Diced Pears or Fresh Fruit</p>	<p>10 Hamburger on a Bun Chick.Nuggets w/WG Brd. All Amer.Cobb Salad w/WG Crkrs. Seasoned Green Beans Golden Corn Cucumber & Tomato Salad Applesauce or Juice</p>	<p>11 Hot Dog on a Bun Chicken Nuggets w/WG Brd. Turkey & Cheese Sand. Campfire Beans Seasoned Peas Garden Salad Mixed Fruit Cup or Fresh Frt.</p>	<p>12 Cheese Steak Sandwich Chick.Nuggets w/WG Brd. Popcorn Chick.Salad w/Wg Crackers Baked Tater Tots Orange Glazed Carrots Fresh Baby Carrots Diced Peaches or Juice</p>	<p>13 Chicken Patty Sandwich Cheese Pizza Brd.Chick.Caesar Salad w/WG Crackers Steamed Rice Mixed Vegetables Garden Salad Straw.Cups or Fresh Fruit</p>
<p>16 French Tst.Sticks w/Saus. Chick.Nuggets w/WG Brd. Turkey & Cheese Wrap Seasoned Peas Baked Tater Tots Fresh Broccoli Applesauce or Juice</p>	<p>17 Chicken Patty Sandwich Hamburger on a Bun Buff.Cick.Salad w/WG Crkrs. Green Beans Baked Fries Red Pepper Slices Fresh Fruit or Juice HAPPY ST. PATRICK'S DAY</p>	<p>18 Hot Dog on a Bun Chicken Nuggets w/Wg Brd. Turkey & Cheese Sandwich Baked Fries Steamed Carrots Garden Salad Diced Peach Cup or Fr.Fruit</p>	<p>19 Walking Taco Chick.Nuggets w/Wg Brd. Brd.Chick.Caesar Salad w/WG Crackers Vegetarian Baked Beans Steamed Rice Fresh Celery Sticks Fresh Fruit or Juice</p>	<p>20 Grilled Cheese on Pretz.Roll Cheese Pizza Ham & Cheese Sandwich Golden Corn Baked Fries Garden Salad Mixed Fruit Cup or Fresh Frt</p>
<p>23 Cheese Steak Sandwich Chicken Patty Sandwich Ham & Cheese Sandwich Baked Tater Tots Orange Glazed Carrots Fresh Broccoli Applesauce or Fresh Fruit</p>	<p>24 Hot Ham & Ch.on Pretzel Roll Chicken Nuggets w/Wg Brd. Brd.Chick.Caesar Salad w/WG Crackers Green Beans Baked Fries Garden Salad Fresh Fruit or Juice</p>	<p>25 Hot Dog on a Bun Chick.Nuggets w/WG Brd. Turkey & Cheese Sandwich Cinn.Sweet Potatoes Seasoned Peas Fresh Baby Carrots Diced Peaches or Fresh Frt</p>	<p>26 French Tst.Sticks w/Saus. Chicken Patty Sandwich Ranch Chick.Salad w/Wg Crkrs. Baked Tater Tots Vegetarian Beans Fresh Baby Carrots Applesauce or Juice</p>	<p>27 Hot Dog on a Bun Pepperoni Pizza Brd.Chick.Caesar Salad w/WG Crackers Baked Fries Mixed Vegetables Garden Salad Diced Pears or Fresh Fruit</p>
<p>30 Hot Dog on a Bun Chick.Nuggets w/WG.Brd. Ham & Cheese Wrap Baked Fries Mixed Vegetables Tomato Slices Mixed Fruit Cup or Fresh Frt.</p>	<p>31 Hamburger Chick.Nuggets w/WG Brd. Turkey & Cheese Wrap Baked Tater Tots Steamed Carrots Garden Salad Applesauce or Juice</p>	<p>READ ACROSS AMERICA Dr. Seuss Day on Monday, March 2nd.</p>	<p>HAPPY ST. PATTY'S DAY </p>	<p>PRICES: FREE</p>

More Info...

Offered Daily
Fresh Fruit
Or Juice

Fresh Vegetables

- 1% Milk
- Skim Milk
- Chocolate Skim Milk
- All Breads, Rolls, Pasta and Pizza
- Dough is Whole Grain

Students must pick at least one serving of fruit or vegetable with their meal

In accordance with Federal law and US Dept of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity.

Menus are subject to change without notice.

Riverside Elementary West Lunch Menu

